

## **Essential & Suggested Items for Students to Bring to Colima**

**21 January 2015**

### **Essential**

- **LARGE** Rucksac/backpack (for overnight trips)
- Small day pack
- Sleeping bag (warm)
- Flashlight/headlamp/torch
- Lightweight clothes and sandals for warm sometimes humid weather
- Hiking boots
- Clothes for field work (including long trousers)
- Warm clothes for cool evenings and very cold nights in the field, e.g. fleece jacket, wool socks, gloves and winter hat. Camping & working above 3000 m – temperatures can get close to or below freezing in summer or winter.
- Sun-cream/Sunscreen (can be bought in Colima)
- Wide-brimmed hat (that protects face, ears, and neck against the sun)
- Raincoat/waterproofs (during rainy season – May to Oct. & maybe in Jan./Feb.)
- Notebook and pen
- Bug spray/repellent (can be bought in Colima)
- Alarm clock
- Tent (if difficult ask if since you might be able to share with another student)

### **Suggested**

- Sleeping pad
- Sunglasses
- Books and/or playing cards for time spent just hanging around waiting for explosions
- Camera
- Knife and eating utensils for field
- Binoculars
- Spanish phrasebook
- Swimsuit and towel

### **If these are available**

- GPS
- Compass
- Laptop (would make things much easier for you)
- USB Flash memory for data transfer

If you have doubts please email.